

CLDDV 111: Health, Safety, and Nutrition

Chapter 1: A Holistic Environmental Approach for Early Childhood Education

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The Environment

- * Physical environment
- * Social and emotional environment
- * Economic environment
- * Cultural environment

Physical Environment

Community facilities



Safe, attractive school and neighborhood



Physical Environment

Clean, safe healthy home



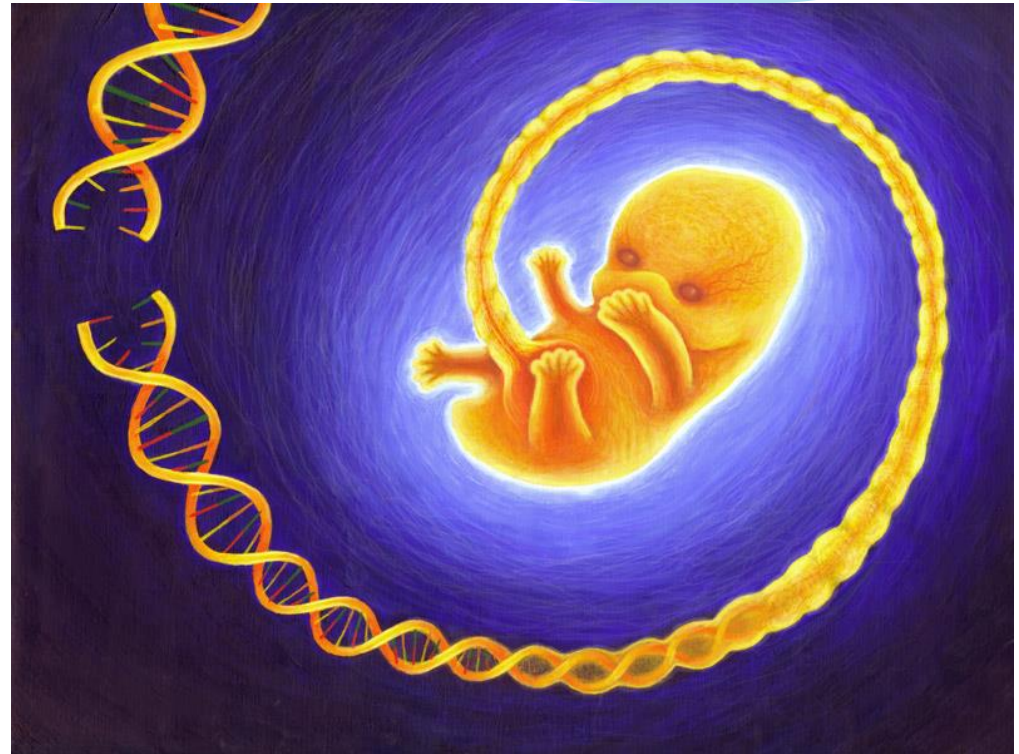
Mother's health



Physical Environment

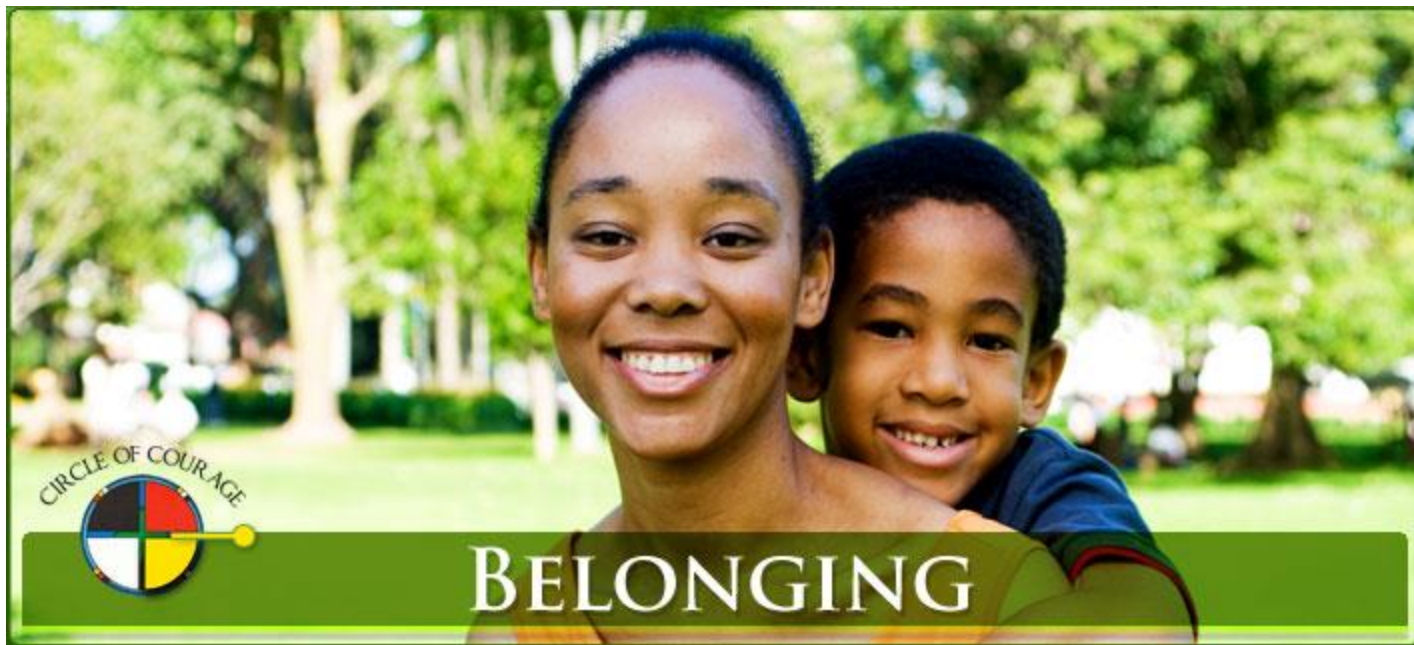
Child's Health

- * Genetics
- * Heredity



Social and Emotional Environment

- * Sense of belonging, self-esteem, confidence to be in the greater community



Social and Emotional Environment

- * Relationships with teachers, peers, neighbors
- * Relationships with immediate and extended family
- * Relationship with parent
- * Attachment
- * Primary caregiver



Economic Environment

- * Economic status of greater community, services for assistance available
- * Economic status of neighborhood, services available for assistance
- * Economic and work status of parents
- * Family can afford child



Cultural Environment

- * Sense of belonging, acceptance
 - * Ethnicity and cultural practices of greater community
- * Neighborhood ethnicity of cultural practices
 - * Schools, churches, neighborhoods
- * Cultural practices of family
- * Ethnicity

- * Cultural competence

Health Promotion, Protection, and Disease Prevention

- * In small groups of no more than four, identify:
 - * Seven ways that society has promoted health, protection, or disease prevention
 - * Write one sentence about each

- * 20 minutes

Answers

1. Healthy People 2020
2. National Health and Safety Performance Standards for Child Care
3. National Association for the Education of Young Children
4. National Health Education Standards
5. Early Childhood Environmental Rating Scales
6. National Children's Study
7. Health, Mental Health, and Safety Guidelines for Schools

Health Promotion, Protection, and Disease Prevention

1. Healthy People 2020

- * Purpose is to improve health and well-being of Americans
- * Objectives:
 - * Considers environmental risks that cause emotional, physical, psychological, and learning problems
 - * Provides culturally appropriate educational and support programs for parents in high-risk environments to help reduce child maltreatment and other health problems
 - * Increases proportion of children whose intake from snacks at school contribute proportionally to overall diet quality

Risk Management

- * What is risk management?

Risk Management

- * Answer: Risk management is an effective way to protect, promote, and prevent difficulties regarding children's health, safety, and nutrition
- * What are some strategies that a teacher may use to engage in risk management?

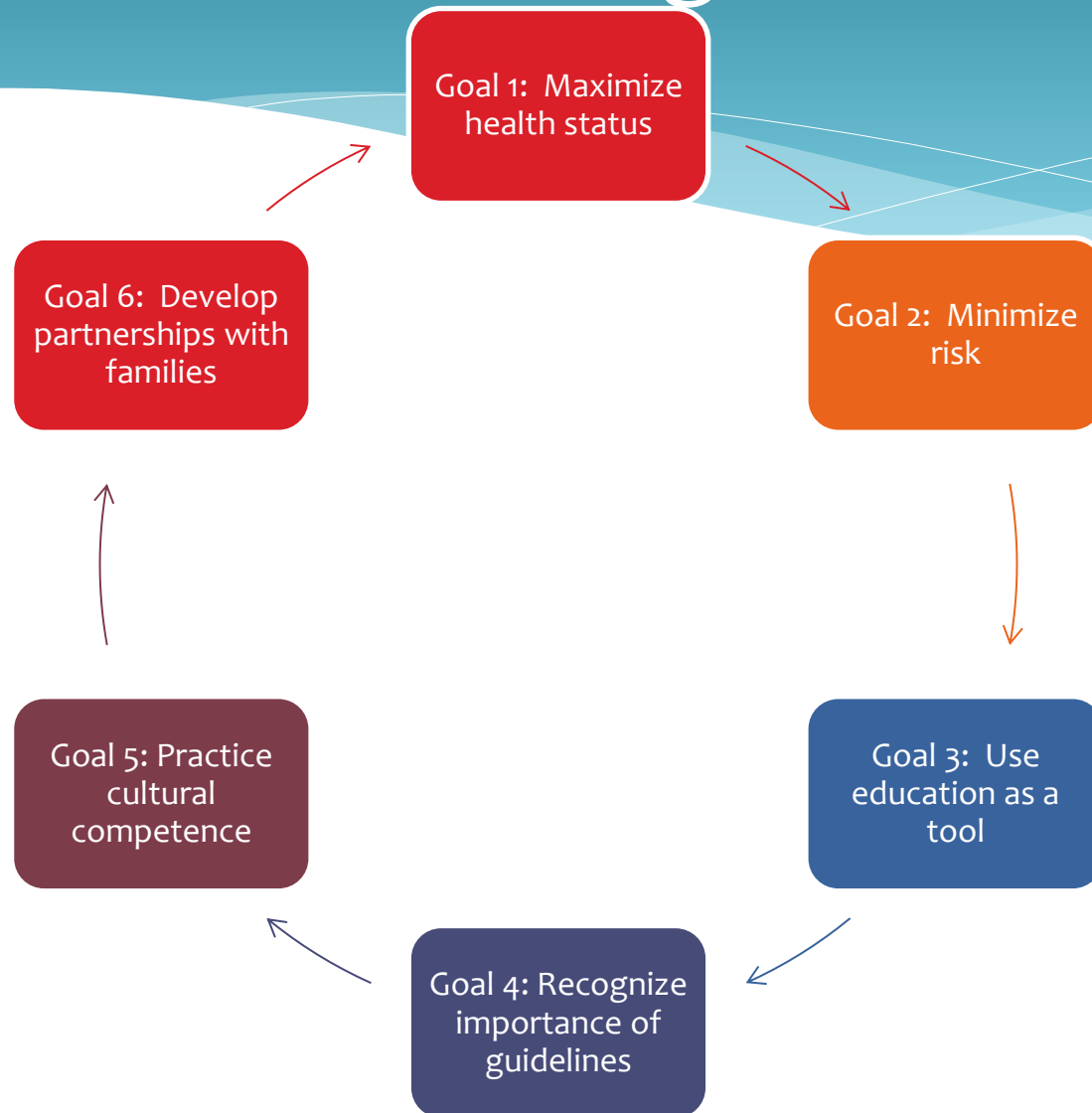
Risk Management

- * Answer:
 - * Model
 - * Comply with standards and guidelines
 - * Maximize health status of children
 - * How?
 - * Minimize risks to children
 - * How?
 - * Utilize education as a tool for health promotion and risk reduction for children and adults
 - * Practice cultural competence
 - * Develop partnerships with families to provide a caring community
 - * How?

Providing High-Quality Early Childhood Education Environments for Safety, Nutrition, and Health

- * In small groups, identify the six goals that a teacher must have to ensure a high-quality early childhood education program
- * Write one comprehensive sentence about each one

Risk Management



Risk Management (cont)

- * In small groups, for each of the 6 Goals of Risk Management, identify two strategies that a teacher can use
- * 20 minutes